

# SEPTEMBER 2016

## HARTFORD UNION HIGH SCHOOL

Menu subject to change. Lunch Prices: Student \$2.70; Reduced 40¢; Staff \$3.35. All meals come with milk. Fresh apples offered as a daily fruit choice.

<p>8/29</p> <p><b>CAFE FAVS</b>            Chicken Strips            Tossed Romaine Salad            Green Beans            Assorted Fresh Vegetables            Applesauce            Dinner Roll</p> <p><b>DAILY EATS</b>            Build Your Own Sub            Tossed Romaine Salad            Green Beans            Spudsters            Applesauce</p> <p><b>GOOD TO GO</b>            Cheese &amp; Pepperoni Pizza</p> <p style="text-align: center;"><i>FRESHMAN JUMPSTART</i></p>	<p>8/30</p> <p><b>CAFE FAVS</b>            Taco Bowl            Tortilla Chips or Flour Tortilla            Cilantro Lime Rice            Seasoned Black Beans            Assorted Toppings            Pear Slices</p> <p><b>DAILY EATS</b>            Hot Dog            Tossed Romaine Salad            Oven Baked Fries            Assorted Fresh Vegetables            Pear Slices</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich</p>		<p>1</p> <p><b>CAFE FAVS</b>            Fully Loaded Burger            Hamburger or Veggie Burger            Assorted Toppings            Broccoli Salad            Fruit Cocktail            Baked Lays Chip</p> <p><b>DAILY EATS</b>            Mini Corn Dogs            Tossed Romaine Salad            Baked Beans            Mixed Vegetables            Fruit Cocktail</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>2</p> <p><b>CAFE FAVS</b>            Pasta Bowl            Red Sauce &amp; Alfredo            Meatballs            Tossed Romaine Salad            Peach Slices            Garlic Parmesan Breadstick</p> <p><b>DAILY EATS</b>            Crispy Baked Fish            Tossed Romaine Salad            Oven Baked Fries            Peach Slices            Coleslaw &amp; Dinner Roll</p> <p><b>GOOD TO GO</b>            Sausage Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>
<p>5</p> <p><b>No School Today</b></p>	<p>6</p> <p><b>CAFE FAVS</b>            Nachos Supreme            Taco Meat &amp; Cheese Sauce            Mexican Rice            Refried Beans            Assorted Toppings            Pear Slices</p> <p><b>DAILY EATS</b>            Breaded Chicken Parmesan            Garlic Butter Rotini Noodles            Tossed Romaine Salad            Tuscan Blend Vegetables            Pear Slices</p> <p><b>GOOD TO GO</b>            Spicy Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>7</p> <p><b>CAFE FAVS</b>            Orange Chicken &amp; Egg Roll            Vegetable Fried Rice            Tossed Romaine Salad            Sesame Green Beans            Fruit Medley            Fortune Cookie</p> <p><b>DAILY EATS</b>            Brat or Cheddarwurst            Tossed Romaine Salad            Sweet Potato Fries            Baked Beans            Fruit Medley</p> <p><b>GOOD TO GO</b>            Cheeseburger Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>8</p> <p><b>CAFE FAVS</b>            Cinnamon French Toast Sticks            Scrambled Eggs            Breakfast Potatoes            Sunset Sip 100% Juice            Applesauce            Syrup</p> <p><b>DAILY EATS</b>            Chicken Cordon Bleu Sandwich            Tossed Romaine Salad            Oven Diced Potatoes            Country Mixed Vegetables            Applesauce</p> <p><b>GOOD TO GO</b>            Spicy Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>9</p> <p><b>CAFE FAVS</b>            Mashed Potato Bowl            Chicken &amp; Gravy, Brown Gravy            Tossed Romaine Salad            Assorted Toppings            Peach Slices            Fresh Baked Biscuit</p> <p><b>DAILY EATS</b>            Italian Grilled Cheese &amp; Marinara            Tossed Romaine Salad            Corn            Peach Slices            Chocolate Pudding</p> <p><b>GOOD TO GO</b>            Cheeseburger Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>
<p>12</p> <p><b>CAFE FAVS</b>            Chicken Nuggets            Tossed Romaine Salad            California Blend Vegetables            Assorted Fresh Vegetables            Applesauce            Dinner Roll</p> <p><b>DAILY EATS</b>            Chipotle Chicken Club Sandwich            Tossed Romaine Salad            California Blend Vegetables            Applesauce            Ice Cream Cup</p> <p><b>GOOD TO GO</b>            Buffalo Chicken Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>13</p> <p><b>CAFE FAVS</b>            Taco Bowl            Tortilla Chips or Flour Tortilla            Cilantro Lime Rice            Seasoned Black Beans            Assorted Toppings            Pear Slices</p> <p><b>DAILY EATS</b>            Pizza Pasta Bake            Tossed Romaine Salad            Steamed Broccoli Florets            Pear Slices            Garlic Bread</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>14</p> <p><b>CAFE FAVS</b>            Sweet Thai Chili Chicken            LoMein Noodles            Mandarin Spinach Salad            Steamed Broccoli Florets            Pineapple Tidbits            Fortune Cookie</p> <p><b>DAILY EATS</b>            BBQ Rib Sandwich            Tossed Romaine Salad            AuGratin Potatoes            Baked Beans            Pineapple Tidbits</p> <p><b>GOOD TO GO</b>            Buffalo Chicken Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>15</p> <p><b>CAFE FAVS</b>            Fully Loaded Burger            Hamburger or Veggie Burger            Assorted Toppings            Broccoli Salad            Fresh Apple Slices            Baked Lays Chip</p> <p><b>DAILY EATS</b>            Garlic French Bread &amp; Marinara            Tossed Romaine Salad            Roasted Cauliflower            Fresh Apple Slices            Raspberry Jello</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>16</p> <p><b>CAFE FAVS</b>            Pasta Bowl            Red Sauce &amp; Alfredo            Meatballs            Tossed Romaine Salad            Peach Slices            Garlic Parmesan Breadstick</p> <p><b>DAILY EATS</b>            Oven Roasted Chicken &amp; Brd (2)            Tossed Romaine Salad            Mashed Potatoes &amp; Gravy            Glazed Carrots            Fruit Cocktail</p> <p><b>GOOD TO GO</b>            Buffalo Chicken Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>
<p>19</p> <p><b>CAFE FAVS</b>            Chicken Strips            Tossed Romaine Salad            Sweet Potato Bake            Assorted Fresh Vegetables            Pineapple Tidbits            Dinner Roll</p> <p><b>DAILY EATS</b>            Shredded BBQ Pork Sandwich            Tossed Romaine Salad            Sweet Potato Bake            Pineapple Tidbits            Sherbet Cup</p> <p><b>GOOD TO GO</b>            Sausage Mushroom Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>20</p> <p><b>CAFE FAVS</b>            Nachos Supreme            Taco Meat &amp; Cheese Sauce            Mexican Rice            Refried Beans            Assorted Toppings            Pear Slices</p> <p><b>DAILY EATS</b>            Cheeseburger Mac            Tossed Romaine Salad            Garden Green Peas            Pear Slices            Soft Breadstick</p> <p><b>GOOD TO GO</b>            Spicy Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>21</p> <p><b>CAFE FAVS</b>            Teriyaki Chicken &amp; Egg Roll            Vegetable Fried Rice            Tossed Romaine Salad            Sesame Green Beans            Fruit Medley            Fortune Cookie</p> <p><b>DAILY EATS</b>            Greek Chicken Sandwich            Tossed Romaine Salad            Mediterranean Quinoa            Green Beans            Fruit Medley</p> <p><b>GOOD TO GO</b>            Sausage Mushroom Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>22</p> <p><b>CAFE FAVS</b>            Warm Cinnamon Roll            Assorted Yogurt            Sausage Links            Hashbrown Sticks            Sunset Sip 100% Juice            Applesauce</p> <p><b>DAILY EATS</b>            Cheese Quesadilla            Tossed Romaine Salad            Black Bean &amp; Corn Salad            Cinnamon Applesauce            Tortillas Chips &amp; Salsa</p> <p><b>GOOD TO GO</b>            Spicy Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>23</p> <p><b>No School Today</b></p>
<p>26</p> <p><b>CAFE FAVS</b>            Mini Corn Dogs            Tossed Romaine Salad            Glazed Carrots            Assorted Fresh Vegetables            Fruit Cocktail            Sliced Wheat Bread</p> <p><b>DAILY EATS</b>            Cheese Ravioli            Tossed Romaine Salad            Assorted Fresh Vegetables            Fruit Cocktail            Garlic Bread</p> <p><b>GOOD TO GO</b>            Roasted Veggie Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>27</p> <p><b>CAFE FAVS</b>            Taco Bowl            Tortilla Chips or Flour Tortilla            Cilantro Lime Rice            Seasoned Black Beans            Assorted Toppings            Pear Slices</p> <p><b>DAILY EATS</b>            Salisbury Steak            Mashed Potatoes &amp; Gravy            Tossed Romaine Salad            Pear Slices            Sliced Bread (2)</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>28</p> <p><b>CAFE FAVS</b>            Kung Pao Chicken            LoMein Noodles            Mandarin Spinach Salad            Steamed Broccoli Florets            Pineapple Tidbits            Fortune Cookie</p> <p><b>DAILY EATS</b>            Hot Dog or Chili Cheese Dog            Tossed Romaine Salad            Mac &amp; Cheez-Its            Steamed Broccoli            Pineapple Tidbits</p> <p><b>GOOD TO GO</b>            Roasted Veggie Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>	<p>29</p> <p><b>CAFE FAVS</b>            Fully Loaded Burger            Hamburger or Veggie Burger            Assorted Toppings            Broccoli Salad            Fresh Grapes            Baked Lays Chip</p> <p><b>DAILY EATS</b>            Chicken Fajitas            Tossed Romaine Salad            Seasoned Pinto Beans            Corn            Warm Cinnamon Apple Slices</p> <p><b>GOOD TO GO</b>            Breaded Chicken Sandwich            Cheese Dunkers            Chef Salads &amp; Wraps</p>	<p>30</p> <p><b>CAFE FAVS</b>            Pasta Bowl            Red Sauce &amp; Alfredo            Meatballs            Tossed Romaine Salad            Peach Slices            Garlic Parmesan Breadstick</p> <p><b>DAILY EATS</b>            Ham &amp; Cheese on Pretzel Bun            Tossed Romaine Salad            Glazed Carrots            Peach Slices            Orange &amp; Black Cake</p> <p><b>GOOD TO GO</b>            Roasted Veggie Pizza            Cheese &amp; Pepperoni Pizza            Chef Salads &amp; Wraps</p>