



Hartford Union High School District

805 Cedar Street • Hartford, WI 53027

262-670-3200 • www.huhs.org

ATHLETIC CAMP OPPORTUNITIES

SPORT	COST	DATES	TIME	LOCATION	CONTACT
Athletic Training	\$30	7/9 – 7/11	12:30 – 3:00	HUHS Training Room	bryana.kudek@huhs.org
Baseball	\$30	4/21	10:00 – 3:30	Lincoln Field	eric.vandenacker@huhs.org
Boys Basketball	\$60	6/18 – 6/22	12:30 – 3:00	HUHS Field House	Kevin.mckenna@huhs.org
Girls Basketball	\$60	6/11 - 6/15	12:30-3:00	HUHS Field House	Christian.schnell@huhs.org
Cross Country	FREE	7/23 – 7/27	8:00 – 10:30	Meet at the track concession stand	nathan.depagter@huhs.org
Football	\$35	7/9 – 7/13	4:30 – 7:30	HUHS Practice Fields	john.redders@huhs.org
Youth Football	\$35	7/10 – 7/12	(9-11 on Friday) 1:30 – 3:30		
Boys Golf	\$60	TBA	TBA	Hartford Golf Club	scott.helms@huhs.org
Girls Golf	\$60	TBA	TBA	Hartford Golf Club	matt.geracie@huhs.org
Boys Soccer	\$95 -	7/30 - 8/3	5:00 - 7:00	Independence Park	jack.deselm@huhs.org
	\$105	8/6 – 8/10	5:00 – 7:30	Zaun Park Grafton	
Girls Soccer	\$50	7/9 – 7/12	Varies	HUHS Soccer Fields	kevin.martin@huhs.org
Competitive Swim	\$20	7/16 -7/19	3:00 – 5:00	HUHS Pool	marcie.norton@huhs.org
Tennis	Varies	6/11 – 7/26	Varies	HUHS Tennis Court	andy.andress@huhs.org
Boys Volleyball	\$50	7/16 – 7/19	6:00 – 8:30	HUHS Field House	terry.wick@huhs.org
Girls Volleyball	Varies	7/23 - 7/27	Varies	HUHS Field House	taylor.edmonds@huhs.org
Wrestling	\$50	TBA	TBA	HUHS Field House	corey.mccauley@huhs.org
Strength & Speed		6/18 – 7/20	7:30 – 12:45	HUHS Field House	John.redders@huhs.org

Check out all the summer camp opportunities on the HUHS website under the activities tab at <http://www.huhs.org/activities/athletic-camps.cfm>



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ATHLETIC TRAINING – This camp introduces students to the field of sports medicine and athletic training. Participants will learn the basics of anatomy, taping, treatments and rehabilitation activities.

BASEBALL - Tune up camp is limited in order to give each player some individual attention. This camp is held during the spring.

BOYS BASKETBALL – The 3 on 3 camp will include a 30-45 minute instructional session, followed by 45-60 minute 3 on 3 session where campers can practice the skills they learned. Campers will play with a different team each week. The Shooting camp is designed to introduce and develop effective shooting techniques. Campers will learn from high school coaches and players in a fun and competitive environment. Each camper will have their shot filmed and broken down for them by a high school coach.

GIRLS BASKETBALL - This camp is specifically designed to introduce and develop effective shooting and scoring skills. Our focus will be on learning what a good shot, footwork is and how to get open.

FOOTBALL – Both a youth camp grades 5 – 8 and HS camp grades 9-12 will be offered. This camp will be run just like the first week of practice with fundamental instruction and installation of both the offensive and defensive schemes.

GOLF - Our camp environment helps players, both boys and girls, reach their full potential and provides them with a solid foundation for the future...both on and off the golf course. The academy will focus on the fundamentals of the golf swing: drivers, short game, and putting. The August camp will spend the 3 days focusing in on short game drills.

BOYS SOCCER - The focus of this camp is on preseason tactics & conditioning for high school. The coaching staff will cover major areas during camp. *Individual Ball Control:* As a camper you will be presented with a variety of ball control skills each day! *Team Offense:* 1v1, off the ball movement, 3rd player running, and proper positioning will be stressed using small sided games. **Team Conditioning:** Conditioning will be an integral part of the camp, both with and without the soccer ball.

GIRLS SOCCER - The HUHS Future Stars Soccer Camp is your chance to work with the HUHS coaches and college coaches. This camp allows for the inexperienced player to learn the game and the experienced player to work on their technical and tactical game. Players will receive a fun and challenging week of soccer, a Soccer Ball, HUHS Oriole Camp T-shirt, and quality instruction from HUHS and College Coaches.

TENNIS - All summer opportunities are intended to facilitate player improvement and further develop their tennis skills. Adjustments will be made to accommodate the quantity of players and skill level present at each session. Please seek out the description that best fits your skill level regardless of age on the HUHS website.

STRENGTH & SPEED – For athletes interested in improving general athletic and physical skills. Power, speed, agility, flexibility, strength, and over all athleticism are points of emphasis.

VOLLEYBALL - The focus of camp will be on the fundamental skills in passing, setting, attacking, serving and blocking along with team offence, defense and strategies.

WRESTLING – Summer training is open to all middle and high school athletes with a focus on technique and scrimmage sessions.

HUHS 2018-19 SPORTS PRACTICE START DATES

FALL		WINTER		SPRING	
Football	8/1/18	Girls Basketball	11/5/18	Track	3/4/19
Girls Field Hockey	8/1/18	Gymnastics	11/5/18	Softball	3/11/19
Competitive Dance	8/1/18	Competitive Dance	11/5/18	Baseball	3/18/19
Girls Golf	8/6/18	Hockey co-op	11/5/18	Girls Soccer	3/18/19
Girls Tennis	8/7/18	Boys Basketball	11/12/18	Boys Golf	3/25/19
Girls Swim	8/7/18	Swimming	11/12/18	Boys Tennis	3/25/19
Cross Country	8/13/18	Wrestling	11/12/18		
Boys Soccer	8/13/18				
Boys Volleyball	8/20/18				
Girls Volleyball	8/13/18				



HOME OF THE ORIOLES

