



Hartford Union High School 2018-2019 Sports Practice Start Dates

Boys Sports

Fall

Football	8/1
Cross Country	8/13
Soccer	8/13
Volleyball	8/20

Winter

Basketball	11/12
Wrestling	11/12
Swim	11/12
Hockey Co-op	11/5

Spring

Track	3/4
Baseball	3/18
Golf	3/25
Tennis	3/25

Girls Sports

Fall

Competitive Dance	6/22
Field Hockey	8/7
Golf	8/6
Tennis	8/7
Swim	8/7
Cross Country	8/13
Volleyball	8/13

Winter

Basketball	11/5
Competitive Dance	11/5
Gymnastics	11/5

Spring

Track	3/4
Softball	3/11
Soccer	3/18

Note:

1. All Athletes must complete the online Co-Curricular Permission Slip, Concussion Form, and pay the \$120 Co-Curricular fee.
2. Physicals dated 4/1/17 - 3/31/18 are good for ONLY the 2018 - 2019 school year.
3. Physicals dated after 4/1/18 are eligible to play sports for the 2018 - 2019 and 2019 - 2020 school years.
4. Physicals dated prior to 4/1/17 are no longer valid and require a NEW physical with the doctor.
5. Refunds of Co-Curricular fees must be requested in writing by June 1st in the athletic office for students who did not make the team roster.