

Boys & Girls Summer Tennis Opportunities – 2024

All opportunities are intended to facilitate player improvement and further develop tennis skills. Adjustments will be made to accommodate the quantity of players and skill level present at each session. Please seek out the description that best fits your skill level regardless of age. Players must wear tennis shoes, bring their own water and have their own racquet. Everything will be held at the HUHS tennis courts.

BEGINNER LESSONS: (MONDAYS June 10, 17, 24, July 1, 15, 22 from 8:00 – 9:00 a.m.)

This group is intended for incoming 4th through 8th grade boys or girls. New to tennis high school players may also benefit. This group will allow you to quickly build some skills and fundamentals to enter high school with some confidence and ability to play in JV matches. Proper mechanics for serving, forehands, backhands and volleys will be taught. Emphasis will be on helping all players have success with these strokes. Cost is \$60.00 total for the 6 dates. Make checks payable to HEAT, Inc. and bring to the first lesson. In order to register please email Coach Andress the following information prior to June 1, 2024. July 29 would be a rain date.

- **Player Name, Year in School in fall of 2024, Player cell phone contact if applicable**
- **Parent(s) Name(s), PHONE and EMAIL contacts**
- **Additional emergency contact number in case parent can't be reached**

INTERMEDIATE DRILLS: (Mondays 9:00 - 11:00 a.m., June 10, 17, 24, July 1, 15, 22, 29)

(Tuesdays 3:00 - 4:00 p.m., June 11, 18, July 2, 16, 23, 30)

This group is intended to further develop players possessing some tennis experience (i.e. one or more years of JV tennis, beginner or private lessons with Coach Andress, drills, or group work with Coach Andress, or incoming freshman with some lesson/playing experience). Focus will be on hitting lots of balls to develop consistency and to improve existing skills. Serving, groundstrokes, volleys and match strategy will be emphasized. This group is geared toward players with aspirations of playing varsity tennis at some point in the future. Games and competitive drills will be utilized regularly. Cost is \$5.00 per session (players will be billed in late July at which time a check should be brought payable to HEAT, Inc.). **Please see the Girls or Boys Tennis Resource pages of the HUHS website for a registration form which should be brought to the 1st session.**

ADVANCED DRILLS: (Mondays 3:00 - 5:00 p.m., June 10, 17, 24, July 1, 15, 22, 29)

(Tuesdays 9:00 - 11:00 a.m., June 11, 18, July 2, 16, 23, 30)

(Wednesdays 8:00 a.m. - 10:00 a.m., June 12, 19, July 3, 17, 24, 31)

This group is intended for current Varsity or aspiring Varsity girls and any high school Boys players OR younger players with match/lesson experience. Much focus will be placed on developing strengths and specific match skills. Emphasis will be given to the player's needs and skills. Games and competitive drills will be the primary focus, along with some modified match play. Cost is \$10.00 per session (players will be billed in late July at which time a check should be brought payable to HEAT, Inc.). **Please see the Girls or Boys Tennis Resource pages of the HUHS website for a registration form. Bring to the 1st session.**

Private Lessons

Private lessons are available by reservation. Lessons would focus on the individual needs of the player. Lessons may be with 1, 2, 3 or 4 players. Cost is \$40 for an hour lesson split evenly among the participants involved. Please contact Coach Andress directly to discuss this option.

HEAT TENNIS CAMP - strongly recommended for ALL Hartford Tennis players!

Grades 3 - 7 June 25 - 27 from 8:00 - 11:00 a.m. \$150 total for the 9 hours, plus a t-shirt, grip and vibration dampener

Grades 8 - 12 June 25 -27 from 1:00 - 4:00 p.m. \$150 total for the 9 hours, plus a t-shirt, grip and vibration dampener

All players will receive instruction at their skill level, do many drills, competitive activities and lots of point play. All campers will receive a t-shirt, racket grip and vibration dampener. Instructors will be area high school coaches and college players.

Coach Andrew Andress, andy.andress@huhs.org 262-490-0089 cell phone