## SPRING BASEBALL TUNE UP CAMP

Presented by new Head Coach Steve Oleshko along with the rest of the Hartford Baseball Coaching Staff and Players

# Saturday, March 25<sup>th</sup> 2023

WITH A PARENT/COACH INFORMATION SESSION (9:45 a.m. - 10:15 a.m.)
PRESENTED BY FROEDTERT & THE MEDICAL COLLEGE OF WISCONSIN

### LOCATION:

Hartford Union High School Field House and Gym - 805 Cedar St. Hartford \*All skill sessions will be held indoors. Players must wear tennis shoes and are encouraged to bring a baseball bat and glove.

#### TIME:

8:00-9:45 Session 1: 6<sup>th</sup>-8<sup>th</sup> Graders 9:45-10:15 Parent /Coach Session 10:15-12:00 Session 2: 2<sup>nd</sup>-5<sup>th</sup> Graders

#### COST:

\$25 (Includes a Baseball Camp T-Shirt)

BRING THE PAYMENT ON THE DAY OF THE CAMP

\*Make all checks (nonrefundable) payable to: Hartford Baseball

#### LIMITED SPACE:

In order to give each player some individual attention, each session will be limited to the first 40 registrants.

PARENT /COACH SESSION - Topic: Arm Care and Nutrition

REGISTRATION FORMS – Please use the <u>google form</u> or the QRS Code to register:

\*All participants must have a signed Parent and Athlete Concussion From\*



**DEADLINE: February 28th 2023** 

Questions: Please contact Head Coach Steve Oleshko or Asst. Coach Austin Brewer

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