## H-Club Requirements

## What is H-Club?

H -Club is a service organization for student athletes. Student athletes at all levels of competition are eligible to join H-Club. Athletic teams include: baseball, basketball, competitive cheer, competitive dance, cross country, football, golf, gymnastics, hockey, lacrosse, soccer, softball, swimming, tennis, track and field, volleyball, and wrestling.

## How do I join H-Club?

$\square$ Turn in orange card to Mrs. Helms (room 217)
$\square$ Join Schoology page with access code: 9FHK-643X-H3J6D
$\square$ Join Remind by texting: @hclub2324 to 81010 or by clicking on the link in Schoology.
$\square$ Turn in completed Permission Slip to Mrs. Helms (room 217)
$\square$ Follow H-Club on Twitter @HUHS_HClub

## What are the requirements?

$\square$ Attend every monthly meeting (see attached schedule)
$\square$ Work a minimum of 3 fall concession stand shifts (including one homecoming shift)
$\square$ Assist with November Charity Drive
$\square$ Participate in Downtown Decorating on October 28, 2023 (Rain Date: November 4)
$\square$ Volunteer for one bell ringing shift in November/December
$\square$ Assist with December Toy Drive
$\square$ Volunteer at Shamrock Shuffle on March 16, 2024
$\square$ Work a minimum of 1 spring concession stand shift

## What happens if I do not meet a requirement?

Sometimes life happens and you accidentally oversleep, missing one of the monthly meetings. Sometimes you have to prioritize your time, perhaps deciding to go on a college visit the day of Downtown Decorating. In order to offer members some flexibility, H-Club operates with a "three strikes" policy. Each time a student athlete fails to meet one of the above requirements, a strike is earned. Students earning three strikes will be removed from H-Club. Because every school year is a fresh start, students removed from H-Club are welcome to rejoin.

## What if I have a question about H-Club?

Contact one of the H-Club advisors: Mrs. Helms, Mrs. Hall, Mr. Redders.

## H-Club Meeting Dates

1 Thursday, August 31
2 Friday, September 22
3 Friday, October 13
4 Friday, November 3
5 Friday, December 1
6 Friday, January 5
7 Friday, February 2
8 Friday, March 1
9 Friday, March 15 @ 7:00 (Shamrock Shuffle)
10 Friday, April 5
11 Friday, May 3
12 Friday, May 24

