



Pleasant Valley Tennis & Fitness Club

2017/2018 Junior Lesson Program



2754 Pleasant Valley Road Jackson, WI (262)677-3681 www.pvtfc.com.

Group Lessons

Our junior program continues as in the past. Players will be grouped by age and ability. Our goal is to help your child learn the basic fundamentals of the game along with sportsmanship and fun. Members and non-members are invited to participate.

Session 1: September 5th - October 28th, 2017 (8 weeks)

Session 2: October 30th - December 23rd, 2017 (8 weeks) *Note: No instruction will be offered over Thanksgiving weekend, November 23th- 26th. Friday & Saturday classes will be pro-rated appropriately for Session 2.*

Session 3: January 2nd – March 29, 2018 (13 weeks) *Note: No instruction will be offered over Easter weekend, Mar. 30 -April 1. Friday & Saturday classes will be pro-rated appropriately for Session 3.*

Session 4: April 9th - May 26th, 2018 (7 weeks)

Non-members must pay for the entire session prior to the first class. Members will be billed for the entire session once it starts. If your child has a schedule conflict, they will not be charged if you provide those dates with your registration.

PEE WEE TENNIS featuring Quickstart format (Ages 4-7)

A great program to get your kids into tennis. Four and five year olds receive basic instruction with emphasis on developing hand-eye coordination. Six year olds add more tennis specific techniques as well. All ages will have lots of fun!

Days and Times: Tuesdays 4:45 - 5:30pm or Saturdays 10:15 - 11:00 am

Session 1: \$84 Members (\$10.50 /class) \$104 Non-members (\$13 /class)

Session 2: \$84 Members (\$10.50 /class) \$104 Non-members (\$13 /class)

Session 3: \$136.50 Members (\$10.50 /class) \$169 Non-members (\$13 /class)

Session 4: \$73.50 Members (\$10.50 /class) \$91 Non-members (\$13 /class)

BEGINNERS featuring Quickstart format (Ages 7-10)

Designed for juniors with very limited exposure to tennis. Basic stroke development will be emphasized as well as hand-eye coordination.

Days and Times: Wednesdays 4:00 -5:00 pm, Fridays 5:00 - 6:00 pm or

Saturdays 11:00 am - 12:00 pm

Session 1: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 2: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 3: \$175.50 Members (\$13.50 /class); \$214.50 Non-members (\$16.50 /class)

Session 4: \$94.50 Members (\$13.50 /class); \$115.50 Non-members (\$16.50 /class)

ADVANCED BEGINNERS featuring Quickstart format

Forehands, backhands and serves will be reviewed with more instruction on service returns, overheads and volleys.

Days and Times: Wednesdays 4:00 -5:00 pm, Fridays 5:00 - 6:00 pm or Saturdays 11:00 am - 12:00 pm

Session 1: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 2: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 3: \$175.50 Members (\$13.50 /class); \$214.50 Non-members (\$16.50 /class)

Session 4: \$94.50 Members (\$13.50 /class); \$115.50 Non-members (\$16.50 /class)

INTERMEDIATES

Students will learn a broad progression of skills geared toward strategy in singles and doubles play. Running and movement drills are stressed. Emphasis on point play and serving.

Days and Times: Wednesdays 5:00 -6:00 pm, Fridays 4:00 - 5:00 pm or Saturdays 12:00 - 1:00 pm

Session 1: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 2: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 3: \$175.50 Members (\$13.50 /class); \$214.50 Non-members (\$16.50 /class)

Session 4: \$94.50 Members (\$13.50 /class); \$115.50 Non-members (\$16.50 /class)

ADVANCED

Players in the Advanced level commonly play outside tournaments on a local basis and have a strong desire to improve. Emphasis on tactics, serve / return and situational play.

Days and Times: Wednesdays 5:00 -6:00 pm, Fridays 4:00 - 5:00 pm or Saturdays 12:00 - 1:00 pm

Session 1: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 2: \$108 Members (\$13.50 /class); \$132 Non-members (\$16.50 /class)

Session 3: \$175.50 Members (\$13.50 /class); \$214.50 Non-members (\$16.50 /class)

Session 4: \$94.50 Members (\$13.50 /class); \$115.50 Non-members (\$16.50 /class)

HIGH SCHOOL

Drop-in Classes

Designed for older juniors who are playing high school tennis. Emphasis will be on skill refinement, singles and doubles strategy, shot selection, and court awareness.

Days and Times: Thursdays 4:30 - 6:00 pm or Saturday 9:30 - 11:00am

Cost: \$20.00 /class for Members; \$24.00 /class for Non-members

JUNIOR TEAM TENNIS

Junior Team Tennis is the largest junior tennis league in the USA with over 80,000 participants nation-wide. It is often compared to Little League Baseball, as the program offers children the opportunity to develop their individual and team skills in a fun, yet competitive atmosphere. **Ages:** 14- 18 years old

Session 1: 11/15/17 - 12/17/17, \$72 (No class 11/26/17) Deadline -11/11/17

Session 2: 2/4/18 - 3/11/18, \$72 Registration deadline -2/1/18

Day and Time: Sundays 6:00 - 7:30 pm