



Hartford Union High School 2019-2020 Sports Practice Start Dates

Boys Sports

Fall

Football	8/5
Cross Country	8/19
Soccer	8/19
Volleyball	8/19

Winter

Basketball	11/18
Wrestling	11/18
Swim	11/18
Hockey Co-op	11/11

Spring

Track	3/9
Baseball	3/23
Golf	3/30
Tennis	3/30

Girls Sports

Fall

Competitive Dance	8/1
Field Hockey	8/7
Golf	8/12
Tennis	8/13
Swim	8/13
Cross Country	8/19
Volleyball	8/19

Winter

Basketball	11/18
Competitive Dance	11/00
Gymnastics	11/11

Spring

Track	3/9
Softball	3/16
Soccer	3/23

Note:

1. All Athletes must complete the online Co-Curricular Permission Slip, Concussion Form, and pay the \$120 Co-Curricular fee.
2. Physicals dated 4/1/18 - 3/31/19 are ONLY good for the 2019 - 2020 school year.
3. Physicals dated after 4/1/19 are eligible to play sports for the 2019 - 2020 and 2020- 2021 school years.
4. Physicals dated prior to 4/1/18 are no longer valid and require a NEW physical with the doctor. Must be on the WIAA Clearance Form
5. Refunds of Co-Curricular fees must be requested in writing by June 1st in the athletic office for students who did not make the team roster.