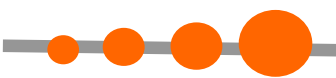


# SEPTEMBER 2025

## HARTFORD UNION HIGH SCHOOL



Menu subject to change. Lunch Prices: Student \$3.25, Staff charged per item. All meals come with milk; milk with cold lunch \$0.50. Fresh apples offered as a daily fruit choice.

No School Today	<div>1</div> <div>TACO TUESDAY</div> <div>Nachos Supreme Seasoned Beef, Queso Sauce Fiesta Corn Seasoned Pinto Beans Fresh Apple Slices</div> <div>Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot)</div> <div>DAILY SPECIAL</div> <div>Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetables Fresh Apple Slices</div> <div>GOOD TO GO</div> <div>Crispy or Spicy Chicken Sandwich Sandwiches</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div> <div>Freshman Only Today</div>	<div>2</div> <div>POTATO BOWL</div> <div>Mashed Potatoes Chicken &amp; Gravy Corn Salad &amp; Sliced Peaches Buttermilk Biscuit</div> <div>Topping Choices: Green Onions, Shred Cheese, Real Bacon Bits</div> <div>DAILY SPECIAL</div> <div>Reg. or Buffalo Popcorn Chicken Tossed Romaine Salad Glazed Carrots Peach Slices Sliced Bread</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>3</div> <div>BUILD-YOUR-OWN SUB</div> <div>Italian or Turkey Sub Sandwich Potato Chips Fresh Carrots Applesauce</div> <div>Topping Choices: Cheese, Lettuce, Tomatoes, Green Pepper, Onion, Pickle Ozzy's Secret Sauce</div> <div>DAILY SPECIAL</div> <div>Chicken Shawarma Stuffed Pita Tomatoes, Onions, Feta, &amp; Sauce Tossed Romaine Salad Ranch Steak Fries Pear Slices</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>4</div> <div>PASTA BOWL</div> <div>Macaroni &amp; Cheese Chicken or Shredded Pork Tossed Salad &amp; Peas Pear Slices Garlic Breadstick</div> <div>Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ &amp; Buffalo Sauce</div> <div>DAILY SPECIAL</div> <div>Farmers' Market Salad Homemade Soup Creamy Pasta Salad Fresh Grapes Garlic Breadstick</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>
	<div>8</div> <div>ASIAN NOODLE BOWL</div> <div>Honey Sriracha Chicken with LoMein Noodles</div> <div>Sides Include: Steamed Broccoli Chopped Salad &amp; Tossed Salad Fruit Medley Fortune Cookie</div> <div>DAILY SPECIAL</div> <div>Garlic Cheese French Bread Marinara Sauce Tossed Romaine Salad Steamed Broccoli Fruit Medley</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Supreme, Chz, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>9</div> <div>TACO TUESDAY</div> <div>Tortilla Chips or Flour Tortillas Seasoned Beef Cilantro Lime Rice, Black Beans Fresh Apple Slices</div> <div>Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</div> <div>DAILY SPECIAL</div> <div>Pepperoni Calzone Tossed Romaine Salad Butternut Squash Peas Fresh Apple Slices</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>10</div> <div>POTATO BOWL</div> <div>Baked Potato Diced Ham or Ranch Chicken Steamed Broccoli Romaine Salad &amp; Sliced Peaches Soft Pretzel &amp; Cheese Sauce</div> <div>Topping Choices: Green Onions, Shred Cheese, Sour Cream, Real Bacon Bits</div> <div>DAILY SPECIAL</div> <div>Chicken Strips Tossed Romaine Salad Baked Beans Sliced Peaches Dinner Roll</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Supreme, Chz, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>11</div> <div>FULLY LOADED BURGER</div> <div>Hamburger or Veggie Burger Tator Tots Broccoli Salad Applesauce</div> <div>Topping Choices: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</div> <div>DAILY SPECIAL</div> <div>Meatball Sub Tossed Romaine Salad Tator Tots Assorted Fresh Vegetables Applesauce</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>
<div>15</div> <div>Pre-ACT Testing No Seniors today</div> <div>ASIAN RICE BOWL</div> <div>Orange Chicken with Vegetable Fried Rice and Chicken Egg Roll</div> <div>Sides Include: Stir Fry Mixed Vegetables Salad &amp; Fruit Medley</div> <div>DAILY SPECIAL</div> <div>Maple Glazed Chicken &amp; Waffle Sandwich Tossed Romaine Salad Oven Baked French Fries Fruit Medley</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Hawaiian, Chz, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>16</div> <div>TACO TUESDAY</div> <div>Queso Chicken Burrito Bowl with Brown Rice and Tortilla Chips Peppers &amp; Onions, Pinto Beans Fresh Apple Slices</div> <div>Topping Choices: Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</div> <div>DAILY SPECIAL</div> <div>Creamy Pesto Cavatappi Grilled Chicken Salad &amp; Tuscan Blend Vegetables Fresh Apple Slices Garlic Breadstick</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>17</div> <div>POTATO BOWL</div> <div>Mashed Potatoes Chicken &amp; Gravy Corn Salad &amp; Sliced Peaches Buttermilk Biscuit</div> <div>Topping Choices: Green Onions, Shred Cheese, Real Bacon Bits</div> <div>DAILY SPECIAL</div> <div>Scrambled Eggs &amp; French Toast Sticks Rosemary Diced Potatoes Sliced Peaches Juice Box</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Hawaiian, Chz, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>18</div> <div>BUILD-YOUR-OWN SUB</div> <div>Ham or Turkey Sub Sandwich Potato Chips Fresh Carrots Applesauce</div> <div>Topping Choices: Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</div> <div>DAILY SPECIAL</div> <div>Cheese Quesadillas Seasoned Chicken Black Bean &amp; Corn Salad Applesauce Salad, Salsa, &amp; Sour Cream</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>19</div> <div>MAC &amp; CHEESE BOWL</div> <div>Macaroni &amp; Cheese Diced Chicken or Shredded Pork Tossed Salad &amp; Peas Pear Slices Garlic Breadstick</div> <div>Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ &amp; Buffalo Sauce</div> <div>DAILY SPECIAL</div> <div>Italian Grilled Cheese &amp; Sauce Tossed Romaine Salad Green Beans Pear Slices Hummus &amp; Pretzels</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Hawaiian, Chz, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>
<div>22</div> <div>ASIAN NOODLE BOWL</div> <div>Kung Pao Chicken with LoMein Noodles</div> <div>Sides Include: Steamed Broccoli Chopped Salad &amp; Tossed Salad Fruit Medley Fortune Cookie</div> <div>DAILY SPECIAL</div> <div>Pizza Pasta Baked Tossed Romaine Salad Steamed Broccoli Fruit Medley Garlic Breadstick</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>23</div> <div>TACO TUESDAY</div> <div>Tortilla Chips or Flour Tortillas Seasoned Beef Cilantro Lime Rice, Black Beans Fresh Apple Slices</div> <div>Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</div> <div>DAILY SPECIAL</div> <div>Chili Cheese Dog Tossed Romaine Salad Baked Beans Oven Baked French Fries Fresh Apple Slices</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>24</div> <div>POTATO BOWL</div> <div>Sidewinder Potatoes topped with Pulled Pork &amp; Cheese Sauce Tossed Romaine Salad Assorted Fresh Vegetables Sliced Peaches Warm Cinnamon Roll</div> <div>Topping Choices: Green Onions, BBQ Sauce</div> <div>DAILY SPECIAL</div> <div>Chicken Parmesan Sandwich Tossed Romaine Salad Cucumber Tomato Basil Salad Tuscan Blend Vegetables Sliced Peaches</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>25</div> <div>FULLY LOADED BURGER</div> <div>Hamburger or Veggie Burger Tator Tots Broccoli Salad Applesauce</div> <div>Topping Choices: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</div> <div>DAILY SPECIAL</div> <div>Chicken Tinga Tacos Tossed Romaine Salad Mexican Potatoes Elote Corn Salad Applesauce</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>26</div> <div>PASTA BOWL</div> <div>Rotini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Slices Garlic Breadstick</div> <div>DAILY SPECIAL</div> <div>BBQ Chicken Flatbread Tossed Romaine Salad Green Beans Pear Slices Frozen Sorbet Cup</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperoni Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>
<div>29</div> <div>ASIAN RICE BOWL</div> <div>Chicken Potstickers with Vegetable Fried Rice and Chicken Egg Roll</div> <div>Sides Include: Stir Fry Mixed Vegetables Fruit Medley Tossed Romaine Salad Fortune Cookie &amp; Sweet Sour</div> <div>DAILY SPECIAL</div> <div>Mini Corn Dogs Tossed Romaine Salad Baked Beans Glazed Carrots Fruit Medley</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Bacon Cheeseburger Pizza Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>30</div> <div>TACO TUESDAY</div> <div>Nachos Supreme Seasoned Beef, Queso Sauce Fiesta Corn Seasoned Pinto Beans Fresh Apple Slices</div> <div>Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot)</div> <div>DAILY SPECIAL</div> <div>Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetables Fresh Apple Slices</div> <div>GOOD TO GO</div> <div>ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals</div> <div>SIDES: Side Salad, Veggies, &amp; Fruit</div>	<div>31</div> <div></div>		