



APRIL 2024 HARTFORD UNION HIGH SCHOOL Menu subject to change. Lunch Prices: Student \$3.00, Staff charged per item. All meals come with milk; milk with cold lunch \$0.50. Fresh apples offered as a daily fruit choice BUILD-YOUR-OWN SUB **SIAN RICE BOWL** TACO TUESDAY POTATO BOWL Nachos Supreme Chicken Potstickers Mashed Potatoes Italian or Turkey Sub Sandwich Egg Roll Seasoned Beef, Queso Sauce Chicken & Gravy Potato Chips Vegetable Fried Rice Fiesta Corn Corn Fresh Carrots Stir Fry Mixed Vegetables Seasoned Pinto Beans Salad & Sliced Peaches Applesauce Fruit Medley Fresh Apple Slices Buttermilk Biscuit Topping Choices: Fortune Cookie Topping Choices: Topping Choices: Cheese, Lettuce Green Onions, Shred Cheese, Soy Sauce & Sweet Sour Sauce Guac, Sour Cream, Mild Salsa Tomatoes, Onion, Pickle Real Bacon Bits Pico de Gallo, Salsa Verde (hot Ozzy's Secret Sauce DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL Mini Corn Dogs Reg. or Buffalo Popcorn Chicker Cheese Dunkers Pizza Pasta Bake Tossed Romaine Salad Marinara Sauce Tossed Romaine Salad Tossed Romaine Salad Baked Beans Tossed Romaine Salad Roasted Cauliflower Tuscan Blend Vegetables Glazed Carrots Country Mixed Vegetables Peach Slices Applesauce Fruit Medley Fresh Apple Slices Sliced Bread Garlic Bread GOOD TO GO GOOD TO GO GOOD TO GO GOOD TO GO ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chicken Bacon Ranch Pizza Chicken Bacon Ranch Pizza Crispy Spicy Chicken Sandwich Chef Salads Chef Salads Chef Salads Chef Salads Bento Box Meals Bento Box Meals Bento Box Meals Bento Box Meals SIDES: SIDES: SIDES: SIDES: Salad, <u>Vegc</u> d, Veggi Salad, Veggi d, Vegg ASIAN NOODLE BOWL TACO TUESDAY POTATO BOWL FULLY LOADED BURGER Honey Sriracha Chicken Tortilla Chips or Flour Tortillas Baked Potato Hamburger or Veggie Burger Diced Ham or Ranch Chicken LoMein Noodles Seasoned Beef Tator Tots Steamed Broccoli Cilantro Lime Rice, Black Beans Steamed Broccoli Broccoli Salad Asian Chopped Salad Fresh Apple Slices omaine Salad & Sliced Peaches Applesauce Soft Pretzel & Cheese Sauce Fruit Medley **Topping Choices: Topping Choices:** Fortune Cookie Cheese, Lettuce, Guacamole Topping Choices: Bacon, Cheese, Lettuce Sour Cream, Pico de Gallo Green Onions, Shred Cheese, Tomatoes, Onion, Pickle Soy Sauce Mild Salsa or Salsa Verde (hot) Sour Cream, Real Bacon Bits Ozzy's Secret Sauce DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL Pepperoni Calzone Pesto Turkey Panini Chicken Strips Meatball Gyro or Falafel Gyro Tossed Romaine Salad Tossed Romaine Salad Tossed Romaine Salad omatoes, Onions, Feta, & Sauce Assorted Fresh Vegetables Butternut Sauash Steamed Broccoli Tossed Romaine Salad Fruit Medley Italian 3-Bean Salad Sliced Peaches Ranch Steak Fries Chocolate Pudding Cup Fresh Apple Slices Dinner Roll Applesauce GOOD TO GO GOOD TO GO GOOD TO GO GOOD TO GO ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: or Spicy Chicken Sandwicl Mac & Cheese Pizza Crispv Mac & Cheese Pizza Crispy or Spicy Chicken Sandwic Chef Salads Chef Salads Chef Salads Chef Salads Bento Box Meals Bento Box Meals Bento Box Meals Bento Box Meals SIDES: SIDES: SIDES: SIDES: alad, Veaa Veaa ASIAN RICE BOWL TACO TUESDAY POTATO BOWL **BUILD-YOUR-OWN SUB** Orange Chicken Queso Chicken Burrito Bowl Mashed Potatoes Ham or Turkey Sub Sandwich Egg Roll Brown Rice Pinto Beans Chicken & Gravy Potato Chips Vegetable Fried Rice Fresh Apple Slices Corn Fresh Carrots Tortilla Chips Salad & Sliced Peaches Stir Fry Mixed Vegetables Applesauce Fruit Medley Topping Choices: Buttermilk Biscuit Topping Choices: Fortune Cookie Lettuce, Guacamole **Topping Choices:** Cheese, Lettuce Sour Cream, Pico de Gallo Green Onions, Shred Cheese, Tomatoes, Onion, Pickle Soy Sauce Mild Salsa or Salsa Verde (hot) Real Bacon Bits Ozzv's Secret Sauce DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL DAILY SPECIAL Grilled Chicken Parmesan Cuban Panini Scrambled Eggs & Baja Fish Tacos Tossed Romaine Salad Tossed Romaine Salad French Toast Sticks Tossed Romaine Salad Garlic Parmesan Noodles Red Beans & Rice Rosemary Diced Potatoes Waffle Fries Tuscan Blend Vegetables Glazed Carrots Sliced Peaches Citrus Slaw and Fresh Salsa Fruit Medley Fresh Apple Slices Blended Fruit Juice Applesauce GOOD TO GO GOOD TO GO GOOD TO GO GOOD TO GO ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: ENTREE CHOICES: Pizza: Sausage, Chz, Pepperoni Spicy Chicken Sandwic Pizza: Sausage, Chz, Pepperoni Spicy Chicken Sandwicl Crispy Crispy Chef Salads Chef Salads Chef Salads Chef Salads Bento Box Meals Bento Box Meals Bento Box Meals Bento Box Meals SIDES: SIDES: SIDES: SIDES: Side Salad, Vegaies, & Fruit Side Salad, Veaaies, & Fruit Side Salad, Vegaies Side Salad, Veagie: & Fruit & Fruit FULLY LOADED BURGER TACO TUESDAY POTATO BOWL idewinder Potatoes topped with Tortilla Chips or Flour Tortillas Hamburger or Veggie Burger Seasoned Beef Pulled Pork & Cheese Sauce Tator Tots Cilantro Lime Rice, Black Beans Broccoli Salad Tossed Romaine Salad Fresh Apple Slices Assorted Fresh Vegetables Applesauce Topping Choices: Sliced Peaches Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Warm Cinnamon Roll Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Topping Choices: Mild Salsa or Salsa Verde (hot) Green Onions, BBQ Sauce **No School** Ozzy's Secret Sauce

DAILY SPECIAL

Farmers' Market Salad Homemade Soup Creamy Pasta Salad Fresh Grapes Garlic Breadstick

GOOD TO GO ENTREE CHOICES:

or Spicy Chicken Sandwich Crispy Chef Salads Bento Box Meals SIDES:

Side

<u>d, Veggies, & Fruit</u>

This institution is an equal opportunity provider. Menu subject to change

PASTA BOWL Macaroni & Cheese Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick

Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce

DAILY SPECIAL Crispy Baked Fish & Rye Bread Tossed Romaine Salad Peas Pear Slices

Coleslaw GOOD TO GO ENTREE CHOICES:

Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: & Fruit

Frosh & Soph Pre-ACT Testing No Juniors or Seniors

on campus today

PASTA BOWL Rotini Noodles Spaghetti Sauce or Alfredo Meatballs Salad & Green Beans Pear Slices Garlic Breadstick

DAILY SPECIAL Tator Tot Casserole Tossed Salad Green Beans & Pear Slices Sliced Bread (2)

GOOD TO GO Pepperoni Pizza & Cheese Pizza Chef Salads & Bento Box Meals SIDES: alad, Veaa

MAC & CHEESE BOWL Macaroni & Cheese Diced Chicken or Shredded Pork Tossed Salad & Peas Pear Slices

Garlic Breadstick **Topping Choices:** Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce

DAILY SPECIAL Cheese Quesadillas Seasoned Chicken Black Bean & Corn Salad Pear Slices Salad, Salsa, Sour Cream

GOOD TO GO ENTREE CHOICES: Pizza: Sausage, Chz, Pepperoni Chef Salads

Bento Box Meals SIDES: Side Salad, Veaaies, & Fruit

PASTA BOWL

Rotini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Slices Garlic Breadstick

DAILY SPECIAL

Philly Cheesesteak Sub Tossed Romaine Salad Tator Tots Assorted Fresh Vegetables Pear Slices

> GOOD TO GO ENTREE CHOICES:

Pizza: Buffalo, Cheese, Pepperon Chef Salads Bento Box Meals SIDES: Side Salad, Veaaies, & Fruit

DAILY SPECIAL

Today

Chicken Cordon Bleu Sandwich (swiss & canadian bacon) Cheesy Potatoes Country Mixed Vegetables Fresh Apple Slices

GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals

SIDES:

DAILY SPECIAL Cheese Ravioli Tossed Romaine Salad

Tuscan Blend Vegetables Sliced Peaches Garlic Bread

GOOD TO GO ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperon Chef Salads

Bento Box Meals

SIDES:

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