

MAY 2023

HARTFORD UNION HIGH SCHOOL

Menu subject to change. Lunch Prices: Student \$3.00, Staff charged per item. All meals come with milk; milk with cold lunch \$0.50. Fresh apples offered as a daily fruit choice.

<p>29</p> <p>ASIAN RICE BOWL Chicken Potstickers Egg Roll Vegetable Fried Rice Stir Fry Mixed Vegetables Fruit Medley Fortune Cookie Soy Sauce & Sweet Sour Sauce</p> <p>DAILY SPECIAL Mini Corn Dogs Tossed Romaine Salad Baked Beans Glazed Carrots Fruit Medley</p> <p>GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>30</p> <p>TACO TUESDAY Nachos Supreme Seasoned Beef, Queso Sauce Fiesta Corn Seasoned Pinto Beans Fresh Apple Slices Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot)</p> <p>DAILY SPECIAL Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetables Fresh Apple Slices</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>1</p> <p>POTATO BOWL Mashed Potatoes Chicken & Gravy Corn Salad & Sliced Peaches Buttermilk Biscuit Topping Choices: Green Onions, Shred Cheese, Real Bacon Bits</p> <p>DAILY SPECIAL Reg. or Buffalo Popcorn Chicken Tossed Romaine Salad Roasted Cauliflower Peach Slices Sliced Bread</p> <p>GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>2</p> <p>BUILD-YOUR-OWN SUB Italian or Turkey Sub Sandwich Potato Chips Fresh Carrots Applesauce Topping Choices: Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</p> <p>DAILY SPECIAL Pizza Pasta Bake Tossed Romaine Salad Tuscan Blend Vegetables Applesauce Garlic Bread</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>3</p> <p>PASTA BOWL Macaroni & Cheese Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce</p> <p>DAILY SPECIAL Crispy Baked Fish & Rye Bread Tossed Romaine Salad Peas Pear Slices Coleslaw</p> <p>GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>
<p>6</p> <p>ASIAN NOODLE BOWL Honey Sriracha Chicken LoMein Noodles Steamed Broccoli Asian Chopped Salad Fruit Medley Fortune Cookie Soy Sauce</p> <p>DAILY SPECIAL Flatbreads Tossed Romaine Salad Assorted Fresh Vegetables Warm Cinnamon Apples Vanilla Frozen Yogurt Cup</p> <p>GOOD TO GO ENTREE CHOICES: Mac & Cheese Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>7</p> <p>TACO TUESDAY Tortilla Chips or Flour Tortillas Seasoned Beef Cilantro Lime Rice, Black Beans Fresh Apple Slices Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</p> <p>DAILY SPECIAL Pepperoni Calzone Tossed Romaine Salad Roasted Root Veggies Italian 3-Bean Salad Fresh Apple Slices</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>8</p> <p>POTATO BOWL Baked Potato Diced Ham or Ranch Chicken Steamed Broccoli Romaine Salad & Sliced Peaches Soft Pretzel & Cheese Sauce Topping Choices: Green Onions, Shred Cheese, Sour Cream, Real Bacon Bits</p> <p>DAILY SPECIAL Chicken Strips Tossed Romaine Salad Steamed Broccoli Sliced Peaches Dinner Roll</p> <p>GOOD TO GO ENTREE CHOICES: Mac & Cheese Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>9</p> <p>FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots Broccoli Salad Applesauce Topping Choices: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</p> <p>DAILY SPECIAL Meatball Gyro or Falafel Gyro Tomatoes, Onions, Feta, & Sauce Tossed Romaine Salad Ranch Steak Fries or Waffle Fries Applesauce</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>10</p> <p>PASTA BOWL Rotini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Slices Garlic Breadstick</p> <p>DAILY SPECIAL Italian Grilled Cheese & Sauce Tossed Romaine Salad Green Beans Pear Slices Hummus & Pretzels</p> <p>GOOD TO GO ENTREE CHOICES: Mac & Cheese Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>
<p>13</p> <p>ASIAN RICE BOWL Orange Chicken Egg Roll Vegetable Fried Rice Stir Fry Mixed Vegetables Fruit Medley Fortune Cookie Soy Sauce</p> <p>DAILY SPECIAL Pesto Cavatappi with Grilled Chicken Breast Tossed Romaine Salad Tuscan Blend Vegetables Fruit Medley & Garlic Breadstick</p> <p>GOOD TO GO ENTREE CHOICES: Pizza: Sausage, Chz, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>14</p> <p>TACO TUESDAY Queso Chicken Burrito Bowl Brown Rice, Pinto Beans Fresh Apple Slices Tortilla Chips Topping Choices: Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</p> <p>DAILY SPECIAL Cuban Panini Tossed Romaine Salad Red Beans & Rice Glazed Carrots Fresh Apple Slices</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>15</p> <p>POTATO BOWL Mashed Potatoes Chicken & Gravy Corn Salad & Sliced Peaches Buttermilk Biscuit Topping Choices: Green Onions, Shred Cheese, Real Bacon Bits</p> <p>DAILY SPECIAL Scrambled Eggs & French Toast Sticks Rosemary Diced Potatoes Sliced Peaches Blended Fruit Juice</p> <p>GOOD TO GO ENTREE CHOICES: Pizza: Sausage, Chz, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>16</p> <p>BUILD-YOUR-OWN SUB Ham or Turkey Sub Sandwich Potato Chips Fresh Carrots Applesauce Topping Choices: Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</p> <p>DAILY SPECIAL Chicken Tinga or Pork Carnitas Taco Tossed Romaine Salad Mexican Potatoes Elote Corn Salad Applesauce</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>17</p> <p>MAC & CHEESE BOWL Macaroni & Cheese Diced Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce</p> <p>DAILY SPECIAL Cheese Quesadillas Seasoned Chicken Black Bean & Corn Salad Pear Slices Salad, Salsa, Sour Cream</p> <p>GOOD TO GO ENTREE CHOICES: Pizza: Sausage, Chz, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>
<p>20</p> <p>ASIAN NOODLE BOWL Kung Pao Chicken LoMein Noodles Steamed Broccoli Asian Chopped Salad Fruit Medley Fortune Cookie Soy Sauce</p> <p>DAILY SPECIAL Garlic Cheese French Bread Marinara Sauce Tossed Romaine Salad Steamed Broccoli Fruit Medley</p> <p>GOOD TO GO ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>21</p> <p>TACO TUESDAY Tortilla Chips or Flour Tortillas Seasoned Beef Cilantro Lime Rice, Black Beans Fresh Apple Slices Topping Choices: Cheese, Lettuce, Guacamole Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)</p> <p>DAILY SPECIAL Farmers' Market Salad Homemade Soup Creamy Pasta Salad Fresh Strawberries Garlic Breadstick</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>22</p> <div style="text-align: center;">  <p>Day of Service</p> <p>BAGGED LUNCH</p> <p>Turkey Sandwich or PB&J Uncrustable</p> </div>	<p>23</p> <p>FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots Broccoli Salad Applesauce Topping Choices: Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</p> <p>DAILY SPECIAL Meatball Sub Tossed Romaine Salad Tator Tots Assorted Fresh Vegetables Applesauce</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>24</p> <p>PASTA BOWL Rotini Noodles Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans Tossed Romaine Salad Pear Slices Garlic Breadstick</p> <p>DAILY SPECIAL Vegetable Tikka Masala & Naan Steamed Rice Tossed Romaine Salad Peas Pear Slices</p> <p>GOOD TO GO ENTREE CHOICES: Pizza: Buffalo, Cheese, Pepperoni Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>
<p>27</p> <p style="text-align: center;">No School Today</p>	<p>28</p> <p>TACO TUESDAY Nachos Supreme Seasoned Beef, Queso Sauce Fiesta Corn Seasoned Pinto Beans Fresh Apple Slices Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot)</p> <p>DAILY SPECIAL Cheese Dunkers Marinara Sauce Tossed Romaine Salad Country Mixed Vegetables Fresh Apple Slices</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>29</p> <p>POTATO BOWL Sidewinder Potatoes topped with Pulled Pork & Cheese Sauce Tossed Romaine Salad Assorted Fresh Vegetables Sliced Peaches Warm Cinnamon Roll Topping Choices: Green Onions, BBQ Sauce</p> <p>DAILY SPECIAL Cheese Ravioli / Lasagna Tossed Romaine Salad Tuscan Blend Vegetables Fresh Apple Slices Garlic Breadstick</p> <p>GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>30</p> <p>BUILD-YOUR-OWN SUB Sub Sandwich Potato Chips Fresh Carrots Applesauce Topping Choices: Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce</p> <p>DAILY SPECIAL Western Chicken Sandwich (Bacon, Cheese, BBQ, Onion Ring) Tossed Romaine Salad Onion Rings/Fries/Tots Applesauce</p> <p>GOOD TO GO ENTREE CHOICES: Crispy or Spicy Chicken Sandwich Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>	<p>31</p> <p>PASTA BOWL Macaroni & Cheese Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce</p> <p>DAILY SPECIAL To Be Determined</p> <p>GOOD TO GO ENTREE CHOICES: Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES: Side Salad, Veggies, & Fruit</p>