

MAY 2024

HARTFORD UNION HIGH SCHOOL



BUILD-YOUR-OWN SUB

Italian or Turkey Sub Sandwich Potato Chips Fresh Carrots

Applesauce
Topping Choices:

Cheese, Lettuce omatoes, Onion, Pickle Ozzy's Secret Sauce

DAILY SPECIAL

Pizza Pasta Bake Tossed Romaine Salad
Tuscan Blend Vegetables
Applesauce
Garlic Bread

> ENTREE CHOICES: or Spicy Chicken Sar Chef Salads

Bento Box Meals

SIDES:

FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots

Broccoli Salad Applesauce

Topping Choices: Bacon, Cheese, Lettuce

Ozzy's Secret Sauce

DAILY SPECIAL Meatball Gyro or Falafel Gyro

omatoes, Onions, Feta, & Sauce

Applesauce

ENTREE CHOICES:

Bento Box Meals

SIDES:

BUILD-YOUR-OWN SUE

Ham or Turkey Sub Sandwich

Potato Chips Fresh Carrots

Applesauce Topping Choices: Cheese, Lettuce

Tomatoes, Onion, Pickle

Ozzy's Secret Sauce

DAILY SPECIAL

icken Tinga or Pork Carnitas Tac

Tossed Romaine Salad

Mexican Potatoes Elote Corn Salad Applesauce

ENTREE CHOICES:

Bento Box Meals

SIDES:

Spicy Chicken Sandwic Chef Salads

Tossed Romaine Salad nch Steak Fries or Waffle Frie

mataes Onion Pickle

nch \$0.50. Fresh apples offered as a daily fruit choice

SIAN RICE BOWL

Chicken Potstickers Egg Roll table Fried Rice Stir Fry Mixed Vegetables Fruit Medlev Fortune Cookie auce & Sweet Sour Sauce

DAILY SPECIAL

Mini Corn Dogs sed Romaine Salad Baked Beans Glazed Carrots Fruit Medley

GOOD TO GO

ENTREE CHOICES: ken Bacon Ranch Pizzo Chef Salads Bento Box Meals SIDES:

ASIAN NOODLE BOWL

Honey Sriracha Chicken LoMein Noodles Steamed Broccoli Asian Chopped Salad Fruit Medley Fortune Cookie Sov Sauce

DAILY SPECIAL

Flatbreads Tossed Romaine Salad Assorted Fresh Vegetables Warm Cinnamon Apples Vanilla Frozen Yogurt Cup

ENTREE CHOICES: Bento Box Meals SIDES:

SIAN RICE BOWL

Orange Chicken Egg Roll Vegetable Fried Rice Stir Fry Mixed Vegetables Fruit Medley Fortune Cookie Sov Sauce

DAILY SPECIAL

Pesto Cavatappi with Grilled Chicken Breast Tossed Romaine Salad Tuscan Blend Vegetables Fruit Medley & Garlic Breadsticl

ENTREE CHOICES

Pizza: Sausage, Chz, Pepperoni Chef Salads Bento Box Meals SIDES:

Salad, Veggi

SIAN NOODLE BOWL

Kung Pao Chicken LoMein Noodles Steamed Broccoli Asian Chopped Salad Fruit Medley Fortune Cookie Soy Sauce

DAILY SPECIAL
Garlic Cheese French Bread

Marinara Sauce ssed Romaine Salad Steamed Broccoli Fruit Medley

ENTREE CHOICES:

uffalo, Cheese, Pep Chef Salads Bento Box Meals SIDES:

Today

TACO TUESDAY Nachos Supreme ned Beef, Queso Sauce

Fiesta Corn Seasoned Pinto Beans Fresh Apple Slices Topping Choices: Guac, Sour Cream, Mild Salsa Pico de Gallo, Salsa Verde (hot) No School

DAILY SPECIAL Cheese Dunkers Marinara Sauce
Tossed Romaine Salad
Country Mixed Vegetables
Fresh Apple Slices

ENTREE CHOICES: Spicy Chicken Sa Chef Salads Bento Box Meals SIDES:

POTATO BOWL

TACO TUESDAY

Nachos Supreme

Seasoned Pinto Beans

Fresh Apple Slices

Topping Choices:
Guac, Sour Cream, Mild Salsa
Pico de Gallo, Salsa Verde (hot)

DAILY SPECIAL

Cheese Dunkers

Marinara Sauce Tossed Romaine Salad Country Mixed Vegetables

Fresh Apple Slices

GOOD TO GO

ENTREE CHOICES:

Spicy Chicken So Chef Salads

Bento Box Meals

SIDES:

TACO TUESDAY

Tortilla Chips or Flour Tortillas

Seasoned Beef
Cilantro Lime Rice, Black Beans
Fresh Apple Slices
Topping Choices:
Cheese, Lettuce, Guacamole

Sour Cream, Pico de Gallo Mild Salsa or Salsa Verde (hot)

DAILY SPECIAL

Pepperoni Calzone

Tossed Romaine Salad Roasted Root Veggies Italian 3-Bean Salad Fresh Apple Slices

ENTREE CHOICES:

oicy Chicker Chef Salads

Bento Box Meals

SIDES:

TACO TUESDA

Queso Chicken Burrito Bowl Brown Rice, Pinto Beans

Fresh Apple Slices
Tortilla Chips
Topping Choices:
Lettuce, Guacamole

Sour Cream, Pico de Gallo

Mild Salsa or Salsa Verde (hot)

Cuban Panini

Tossed Romaine Salad

Red Beans & Rice Glazed Carrots Fresh Apple Slices

ENTREE CHOICES:

Bento Box Meals

SIDES:

TACO TUESDAY

Tortilla Chips or Flour Tortillas

Seasoned Beef

Seasoned Beer
Cilantro Lime Rice, Black Beans
Fresh Apple Slices
Topping Choices:
Cheese, Lettuce, Guacamole
Sour Cream, Pico de Gallo
Mild Salsa or Salsa Verde (hot)

DAILY SPECIAL Farmers' Market Salad

Homemade Soup

Creamy Pasta Salad Fresh Strawberries Garlic Breadstick

ENTREE CHOICES:

Spicy Chicken Sar Chef Salads Bento Box Meals

SIDES:

alad, Veggie

Spicy Chicken Sandwich Chef Salads

ned Beef, Queso Sauce Fiesta Corn

Mashed Potatoes Chicken & Gravy
Corn
Salad & Sliced Peaches

Buttermilk Biscuit Topping Choices: Onions, Shred Ch Real Bacon Bits

DAILY SPECIAL

Reg. or Buffalo Popcorn Chicke Tossed Romaine Salad Roasted Cauliflower Peach Slices Sliced Bread

GOOD TO GO

ENTREE CHOICES:

Chicken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES:

Baked Potato Diced Ham or Ranch Chicken Steamed Broccoli
omaine Salad & Sliced Peache
Soft Pretzel & Cheese Sauce

Topping Choices:
Green Onions, Shred Cheese,
Sour Cream, Real Bacon Bits

DAILY SPECIAL

Chicken Strips

Tossed Romaine Salad Steamed Broccoli Sliced Peaches Dinner Roll

ENTREE CHOICES: Bento Box Meals SIDES:

POTATO BOWL

Mashed Potatoes Chicken & Gravy Corn
Salad & Sliced Peaches
Buttermilk Biscuit

Topping Choices: n Onions, Shred Cheese, Real Bacon Bits

DAILY SPECIAL

Scrambled Eggs & French Toast Sticks semary Diced Potatoes Sliced Peaches Blended Fruit Juice

GOOD TO GO

ENTREE CHOICES: Sausage, Chz, Pepperon Chef Salads

Bento Box Meals SIDES:

Salad, Vegg

Day of

Service

BAGGED LUNCH

Turkev Sandwich or PB&J Uncrustable

Salad, Veggi FULLY LOADED BURGER Hamburger or Veggie Burger Tator Tots

Broccoli Salad
Applesauce
Topping Choices:
Bacon, Cheese, Lettuce Tomatoes, Onion, Pickle Ozzy's Secret Sauce

DAILY SPECIAL Meatball Sub Tossed Romaine Salad

Tator Tots rted Fresh Vegetables Applesauce

ENTREE CHOICES:

r Spicy Chicken San Chef Salads Bento Box Meals SIDES:

BUILD-YOUR-OWN SUB Sub Sandwich Potato Chips

Fresh Carrots Applesauce Topping Choices: Cheese, Lettuce

omatoes, Onion, Pickle Ozzy's Secret Sauce

DAILY SPECIAL Western Chicken Sandwich

Tossed Romaine Salad
Onion Rings/Fries/Tots **Applesauce**

ENTREE CHOICES:

Spicy Chicken Sandwi Chef Salads

SIDES:

PASTA BOWL

Macaroni & Cheese Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick

Topping Choices: Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce

DAILY SPECIAL

Crispy Baked Fish & Rye Bread Tossed Romaine Salad Peas Pear Slices Coleslaw

GOOD TO GO

ENTREE CHOICES: :ken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES:

Rotini Noodles

Spaghetti Sauce (meatless) Creamy Alfredo Sauce Meatballs Green Beans

Tossed Romaine Salad Pear Slice Garlic Breadstick

DAILY SPECIAL

Italian Grilled Cheese & Sauce Tossed Romaine Salad Green Beans
Pear Slices
Hummus & Pretzels

ENTREE CHOICES: Mac & Cheese F Chef Salads Bento Box Meals

SIDES:

MAC & CHEESE BOWL Macaroni & Cheese

Diced Chicken or Shredded Pork Tossed Salad & Peas
Pear Slices
Garlic Breadstick

Topping Choices:

Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce

DAILY SPECIAL Cheese Quesadillas

Seasoned Chicken Black Bean & Corn Salad Pear Slices Salad, Salsa, Sour Cream

ENTREE CHOICES:

Sausage, Chz, Pepper Chef Salads Bento Box Meals SIDES:

Salad, Veggi

PASTA BOWL

Rotini Noodles Spaghetti Sauce (meatless)

Creamy Alfredo Sauce Meatballs Green Beans

Tossed Romaine Salad Pear Slices Garlic Breadstick

DAILY SPECIAL Vegetable Tikka Masala & Naar

Steamed Rice Tossed Romaine Salad Peas Pear Slices

ENTREE CHOICES:

offalo, Cheese, Pepp Chef Salads Bento Box Meals SIDES:

Macaroni & Cheese

Chicken or Shredded Pork Tossed Salad & Peas Pear Slices Garlic Breadstick

Topping Choices:

Green Onions, Crispy Onions, Cheese, BBQ & Buffalo Sauce

DAILY SPECIAL

To Be Determined

ENTREE CHOICES:

ken Bacon Ranch Pizza Chef Salads Bento Box Meals SIDES:

Side Salad, Veggies, & Fruit Side Salad, Veggies, & Fruit itution is an equal opportunity provider. Menu subject to change

POTATO BOWL

dewinder Potatoes topped wit Pulled Pork & Cheese Sauce Tossed Romaine Salad Assorted Fresh Vegetables Sliced Peaches Warm Cinnamon Roll

Topping Choices: en Onions, BBQ Sauce

Tossed Romaine Salad

ken Bacon Ranch Pizza Chef Salads Bento Box Meals

DAILY SPECIAL Cheese Ravioli / Lasagna

Tuscan Blend Vegetables Fresh Apple Slices Garlic Breadstick

ENTREE CHOICES:

SIDES:

Bento Box Meals