



Hartford Union High School

2016-2017 Sports Practice Start Dates

www.huhs.org/co-curricular

Boys Sports

Fall

Football	8/01
Soccer	8/15
Cross Country	8/15

Winter

Basketball	11/14
Wrestling	11/14
Swim	11/14
Hockey Co-op	11/7

Spring

Track	3/6
Baseball	3/20
Golf	3/27
Tennis	3/27

Girls Sports

Fall

Girls Golf	8/8
Tennis	8/9
Swim	8/9
Cross Country	8/15
Volleyball	8/15

Winter

Basketball	11/7
Gymnastics	11/7

Spring

Track	3/6
Softball	3/13
Soccer	3/20

Note:

1. All Athletes must turn in the Co-Curricular Permission Slip, Concussion Form, and pay the \$120 Co-Curricular fee.
2. Physicals dated 4/1/15-3/31/16 are good for ONLY the 2016-2017 school year.
3. Physicals dated after 4/1/16 are eligible to play sports for the 2016-2017 and 2017-2018 school years.
4. Physicals dated prior to 4/1/15 are no longer valid and require a NEW physical with the doctor.