



# Hartford Union High School

## 2016-2017 Sports Practice Start Dates

### Boys Sports

#### Fall

Football	8/01
Soccer	8/15
Cross Country	8/15

#### Winter

Basketball	11/14
Wrestling	11/14
Swim	11/14
Hockey Co-op	11/7

#### Spring

Track	3/6
Baseball	3/20
Golf	3/27
Tennis	3/27

### Girls Sports

#### Fall

Girls Golf	8/8
Tennis	8/9
Swim	8/9
Cross Country	8/15
Volleyball	8/15

#### Winter

Basketball	11/7
Gymnastics	11/7

#### Spring

Track	3/6
Softball	3/13
Soccer	3/20

### Note:

1. All Athletes must turn in the Co-Curricular Permission Slip, Concussion Form, and pay the \$120 Co-Curricular fee.
2. Co-Curricular refunds may be requested in writing before June 1 in the Athletic Office.
3. Physicals dated 4/1/15-3/31/16 are good for ONLY the 2016-2017 school year.
4. Physicals dated after 4/1/16 are eligible to play sports for the 2016-2017 and 2017-2018 school years.
5. Physicals dated prior to 4/1/15 are no longer valid and require a NEW physical with the doctor.