



# 2017-2018 HARTFORD-SLINGER BOYS SWIMMING

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		13 1 <sup>st</sup> day of practice on deck, ready to swim by 3:00	14 Practice from 3:00-6:00 pm, includes an hour of strength & core training, as well as aerobic conditioning. Bring gym clothes & shoes	15	16	17 Friday Practices 3:00-5:15	18 practice 8:00-11:00 am pool & dryland
SUNDAY	19	20 PARENT MEETING 6:00-6:30 pm Drama Lecture	21	22 No School normal practice time	23-25 Thanksgiving Break. Travel on! Eat well!		
NOV	26	27	28	29	30 JV/Var Dual vs Port Washington arrive 4:30 pm meet 6:00 pm	1	2 Hartford Relay Meet arrive 10:15 am meet 12:00 pm
DECEMBER	3	4	5	6	7 JV/V Dual @ Cedarburg bus 3:50pm, SHS 4:00 meet 6:00 pm	8	9 Varsity Invite @ Ft Atkinson bus 7:10 am meet 10:00 am
	10	11	12	13	14 JV/V Dual vs West Bend E/W arrive 4:30 pm meet 6:00 pm	15	16 practice 8:00-11:00 am pool & dryland
	17	18	19 NS Conf Relays Varsity @ Grafton bus 3:55pm, SHS 4:05 meet 6:00 pm	20	21	22 Alumni Scrimmage long night, come fed workout 4:30pm meet 7:00pm	23 practice 7:30-10:30 am pool & dryland
	24 Christmas Eve	25 Christmas Day No practice	26 Jingle All the Way practice 8:00-11:00 am pool & dryland	27 Deck the Halls practice 8:00-11:00 am pool & dryland	28 Up on the Housetop practice 8:00-11:00 am pool & dryland	29 Auld Lang Syne practice 8:00-11:00 am pool & dryland	30 JV/V Meet w/pizza @ Waukesha North bus 8:10 am meet 10:00 am
	31 New Year's Eve	1 New Year's Day No practice	2 resume normal practice 3:00-6:00 pm	3 morning practice 5:30-6:45 am	4 morning practice 5:30-6:45 am	5 morning practice 5:30-6:45 am	6 practice 7:30-10:30 am swimming & dryland
JANUARY	7	8 morning practice 5:30-6:45 am	9 morning practice 5:30-6:45 am	10 morning practice 5:30-6:45 am	11 JV/Var Dual vs. Nicolet PARENTS NIGHT meet 6:00 pm	12	13 Varsity Invite Fond du Lac Aq Cen bus 9:20 am meet 12:00 pm
	14	15 morning practice 5:30-6:45 am	16 morning practice 5:30-6:45 am	17 morning practice 5:30-6:45 am	18 JV/Var Dual vs. Homestead SENIOR NIGHT meet 6:00 pm	19	20 Varsity Invite @ Tosa West bus 10:00 am meet 12:30 pm
	21	22 morning practice 5:30-6:45 am JV-no more dryland	23 Morning practice JV/Var Dual @ Grafton bus 3:55pm, SHS 4:05 meet 6:00 pm	24 morning practice 5:30-6:45 am	25 JV/Var Dual @ Whitefish Bay bus 3:35pm, SHS 3:45 meet 6:00 pm	26	27 practice 7:30-10:30 am swimming & dryland
	28	29 morning practice 5:30-6:45 am no more dryland	30 morning practice 5:30-6:45 am	31 morning practice 5:30-6:45 am	1 Hair Orang-ifying & Pasta Potluck after practice	2 Varsity practice JV Conference @ Homestead bus 3:30pm meet 6:00 pm	3 Var Conference @ Thomas Jefferson MS Port Washington bus 8:15 am meet 11:00 am
FEB.	4	5 No School HUHS normal practice time	6	7	8	9	10 WIAA Sectionals @ Homestead bus 9:10 am meet 12:00 pm
	11	12	13 Awards Banquet **Feb 27 6:00 Cafeteria	14	15	16 No School Slinger normal practice time	17 WIAA State @ UW-Madison van 11:00 am meet 3:00 pm

