



Hartford Union High School

2016-2017 Sports Practice Start Dates

Boys Sports

Fall

| | |
|---------------|------|
| Football | 8/01 |
| Soccer | 8/15 |
| Cross Country | 8/15 |

Winter

| | |
|--------------|-------|
| Basketball | 11/14 |
| Wrestling | 11/14 |
| Swim | 11/14 |
| Hockey Co-op | 11/7 |

Spring

| | |
|----------|------|
| Track | 3/6 |
| Baseball | 3/20 |
| Golf | 3/27 |
| Tennis | 3/27 |

Girls Sports

Fall

| | |
|---------------|------|
| Girls Golf | 8/8 |
| Tennis | 8/9 |
| Swim | 8/9 |
| Cross Country | 8/15 |
| Volleyball | 8/15 |

Winter

| | |
|------------|------|
| Basketball | 11/7 |
| Gymnastics | 11/7 |

Spring

| | |
|----------|------|
| Track | 3/6 |
| Softball | 3/13 |
| Soccer | 3/20 |

Note:

1. All Athletes must turn in the Co-Curricular Permission Slip, Concussion Form, and pay the \$120 Co-Curricular fee.
2. Physicals dated 4/1/15-3/31/16 are good for ONLY the 2016-2017 school year.
3. Physicals dated after 4/1/16 are eligible to play sports for the 2016-2017 and 2017-2018 school years.
4. Physicals dated prior to 4/1/15 are no longer valid and require a NEW physical with the doctor.