

2017-2018 HARTFORD-SLINGER BOYS SWIM



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		13 1 st day of practice on deck, ready to swim before 3:00	14 Practice from 3:00-6:00 pm, includes an hour of strength & core training, & aerobic conditioning. Bring workout clothes & shoes	15	16	17 Friday Practices 3:00-5:15	18 practice 8:00-11:00 am dryland & swimming
SUNDAY	19	20 PARENT MEETING 6:00-6:30 pm Drama Lecture	21	22 No School normal practice time	23-25 Thanksgiving Break. Travel on! Eat well!		
NOV	26	27	28	29	30 JV/Var Dual vs Port Washington arrive 4:30 pm meet 6:00 pm	1	2 Hartford Relay Meet arrive 10:15 am meet 12:00 pm
DECEMBER	3	4	5	6	7 JV/V Dual @ Cedarburg bus 3:50 pm meet 6:00 pm	8	9 Varsity Invite @ Ft Atkinson bus 7:10 am meet 10:00 am
	10	11	12	13	14 JV/V Dual vs West Bend arrive 4:30 pm meet 6:00 pm	15	16 practice 8:00-11:00 am dryland & swimming
	17	18	19 NS Conf Relays @ Grafton bus 3:50 pm meet 6:00 pm	20	21	22 Alumni Scrimmage long night, come fed workout 4:30pm meet 7:00pm	23 practice 8:00-11:00 am dryland & swimming
	24 Christmas Eve	25 Christmas Day No practice	26 practice 8:00-11:00 am dryland & swimming	27 practice 8:00-11:00 am dryland & swimming	28 practice 8:00-11:00 am dryland & swimming	29 practice 8:00-11:00 am dryland & swimming	30 JV/V Dual vs Waukesha North arrive 4:30 pm meet 6:00 pm
	31 New Year's Eve	1 New Year's Day No practice	2 resume normal practice 3:00-6:00 pm	3	4	5	6 practice 8:00-11:00 am dryland & swimming
JANUARY	7	8	9	10	11 JV/Var Dual vs Nicolet PARENTS NIGHT meet 6:00 pm	12	13 Varsity Invite @ Fond du Lac bus 9:20 am meet 12:00 pm
	14	15	16	17	18 JV/Var Dual vs Homestead SENIOR NIGHT meet 6:00 pm	19	20 Varsity Invite @ Tosa West bus 10:00 am meet 12:30 pm
	21	22 No School normal practice time	23 JV/Var Dual @ Grafton bus 3:50 pm meet 6:00 pm	24	25 JV/Var Dual @ Whitefish Bay bus 3:45 pm meet 6:00 pm	26	27 practice 8:00-11:00 am dryland & swimming
FEB.	28	29	30	31	1 Hair Orang-ifying & Pasta Potluck after practice	2 Varsity practice JV Conference @ Homestead bus 3:45 meet 6:00	3 Var Conference @ Port Washington bus 9:20 am meet 12:00 pm
	4 No School HUHS normal practice time	5	6	7	8	9	10 WIAA Sectionals @ TBA bus TBA meet 12:00 pm
	11	12	13 Awards Banquet **Feb 27 6:00 Cafeteria	14	15	16 No School Slinger normal practice time	17 WIAA State @ UW-Madison van 11:00 am meet 3:00 pm